

# Boxed Menu Winter 2020

<b>WEEK 1</b>				
<b>2<sup>nd</sup> November / 23<sup>rd</sup> November / 14<sup>th</sup> December / 4<sup>th</sup> January / 25<sup>th</sup> January / 22<sup>nd</sup> February / 15<sup>th</sup> March</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken Mayo Wrap	Tuna Flat Bread	Roast Chicken Roast Potatoes	Beef Burger in a Bun Diced Potatoes	Fish Fingers with Low Fat Chips
Vegetarian Sausages with Potato Wedges (v)	Macaroni Cheese with Wholemeal Herby Bread (v)	Egg Roll (v)	Cheese Sandwich (v)	Cheese and Tomato Pizza Low Fat Chips (v)
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Digestive Biscuit	Fresh Fruit Wedges or Yoghurt	Oaty Sultana Bar	Carrot & Orange Cupcake	Chocolate Sponge
<b>WEEK 2</b>				
<b>9<sup>th</sup> November / 30<sup>th</sup> November / 11<sup>th</sup> January / 2<sup>nd</sup> February / 1<sup>st</sup> March / 22<sup>nd</sup> March</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Tuna Sandwich	Fish Fillet Fingers with Diced Potatoes	Roast Chicken with Roast Potatoes	Chicken Mayo Wrap	Fish Fillet with Low Fat Chips
Veggie Meatballs in baguette	Cheese Sandwich (v)	Egg Roll (v)	Quorn Hot Dog with Potato Wedges (v)	Cheese and Tomato Pizza with Low Fat Chips (v)
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Chocolate Brickwall	Fresh Fruit Wedges or Yoghurt	Lemon Shortbread	Marble Sponge	Apple Muffin
<b>WEEK 3</b>				
<b>16<sup>th</sup> November / 7<sup>th</sup> December / 18<sup>th</sup> January / 8<sup>th</sup> February / 8<sup>th</sup> March</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Fish nibbles	Tuna sandwich	Roast Chicken with Roast Potatoes	Sausages with Potato Wedges	Fish Fingers with Low Fat chips
Cheese Sandwich (v)	Southern fried Quorn Burger in a Bun with Diced Potatoes (v)	Egg Roll (v)	Quorn Mayo Wrap	Cheese and Tomato Pizza Low Fat Chips (v)
Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings	Jacket Potato with Various Toppings
Sultana Cookie	Fresh Fruit Wedges or Yoghurt	Apple Sponge	Fruit Muffin	Chocolate Cookie