

Camp School Winter/Spring Menu 2022/23

| WEEK 1 31 Oct – 21 Nov – 12 Dec | | | | |
|---|---|--|--|------------------------------------|
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Mediterranean roll (Ve) | BBQ dusted chicken with rice | Roast chicken with sage & onion stuffing | Cottage Pie | Battered fish |
| Italian pasta bake (Ve) with crusty bread | Macaroni cheese (V) | Sausages in Yorkshire pudding (V) | Quorn burger in a bun (V) with diced potatoes | Cheese and tomato pizza (V) |
| Jacket potato with beans or cheese | Jacket potato with Tuna and Sweetcorn or cheese | Jacket potato with beans or cheese | Jacket potato with Cheese Coleslaw or cheese | Jacket potato with beans or cheese |
| Banana custard | Fruit wedges | Chocolate courgette muffin | Fresh fruit jelly | Spiced orange bun |
| WEEK 2 7 Nov – 28 Nov – 19 Dec | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Quorn hot dog (V) | Chicken pie with herby potatoes | Roast chicken and Yorkshire pudding | Beef bolognese | Crispy coated salmon |
| Cheese & veg pasties with diced potatoes (V) | Mild vegetable curry (Ve) with rice | Lentil roast (V) | Omelette, grilled tomatoes and baked beans (V) | Cheese and tomato pizza (V) |
| Jacket potato with beans or cheese | Jacket potato with Tuna and Sweetcorn or cheese | Jacket potato with beans or cheese | Jacket potato with Cheese Coleslaw or cheese | Jacket potato with beans or cheese |
| Strawberry mousse | Fruit salad | Toffee apple date cake and custard | Fresh fruit jelly | Chocolate brick wall |
| WEEK 3 14 Nov – 5 Dec | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Vegballs in homemade tomato sauce (Ve) with pasta | Beef burger in a bun with potato wedges | Roast Chicken with sage & onion stuffing | Mild chicken curry with rice | Fish fillet fingers |
| Cheese pinwheel with diced potatoes (V) | Roasted vegetable lasagne (V) with garlic bread | Tomato Bolognese (Ve) | Cheese potato and broccoli bake (V) | Cheese and tomato pizza (V) |
| Jacket potato with beans or cheese | Jacket potato with Tuna and Sweetcorn or cheese | Jacket potato with beans or cheese | Jacket potato with Cheese Coleslaw or cheese | Jacket potato with beans or cheese |
| Pear crumble and chocolate custard | Fruit wedges | Cherry pancakes | Fresh fruit jelly | Banana bread |